



Fall 2023 Program

General Meetings will be held in person at

Water Street Church
287 Water Street, Guelph ON

Business Meeting	7:00 - 7:40 p.m.
Social/Stretch	7:40 - 8:00 p.m.
Speaker & Wrap-Up	8:00 - 9:15 p.m.

Note: All Fall General Meetings are “In Person” Only



September General Meeting: Tuesday September 26, 2023

Ron Ross

Flying with Amelia Earhart



Ron Ross was born and raised in Edinburgh, Scotland. After two years of mandatory National Service in the British Army, he emigrated to Canada in 1961. He spent 35 years in management with IBM Canada before retiring to run his own IT consulting company, finally retiring in 2007. He lives in Guelph with his wife of 64 years, where he spends much of his time managing a not-for-profit internet forum for soccer fans, and writing short stories and essays, many of an historical nature. He is a licenced pilot.

Ross believes **Amelia Earhart** was a cheerful, outgoing woman, and the most famous female pilot in the world in the 1930s. She developed her interest in flying while living in Toronto during the Great War, and set multiple records in aviation, as well as being a champion of women's rights. She disappeared over the Pacific Ocean in 1937. What really happened to her?

October General Meeting: Tuesday October 24, 2023

Samantha Brennan, Department of Philosophy, College of Arts, University of Guelph

Bad Girls, Bikes and Women's Lib



Samantha Brennan is Professor and Dean of the College of Arts and a faculty member in the Department of Philosophy at the University of Guelph. Brennan grew up on the east coast of Canada, living in Newfoundland, New Brunswick (very briefly) and Nova Scotia. Samantha has broad ranging research interests in contemporary normative ethics, applied ethics, political philosophy, feminist philosophy, children's rights and family justice, gender and sexuality, death, and fashion. At the U of G, Brennan has fostered innovative and inclusive academic programs at both undergraduate and graduate levels. She led the creation of a major in sexualities, genders and social change and a graduate collaborative specialization in

sexualities, genders and bodies, as well as major and minor programs in culture and technology studies.

She also led faculty members, notably Dr. Kimberley Francis and Dr. Jade Ferguson, in the development of a new interdisciplinary minor in Black Canadian studies. Set to launch this fall, the program promotes student engagement with community organizations including the Guelph Black Heritage Society. With Tracy Isaacs, she started the blog [Fit is a Feminist Issue](https://fitisafeministissue.com/) (<https://fitisafeministissue.com/>) and co-authored the book [Fit at Midlife: A Feminist Fitness Journey](#).

November General Meeting: Tuesday November 28, 2023

Vicki Olatundun: Former Executive Director of Chalmers Community Services Centre

Community Services to the Marginalized and Homeless in our Community



Vicki Olatundun, is a former criminal law attorney and a much sought after thought-provoking motivational speaker, a university guest lecturer and former college instructor. She is described as an innovative visionary leader and pioneer recognized in 2015 by *Canadian Living Magazine* as **One of Canada's 40 Change Makers**. Vicki is a passionate, experienced non-profit executive with community care at the core of her mission. She has 16 years of experience in the care of marginalized and homeless populations as well as 6 years experience in the area of pre-natal and post-natal care of young families and children ages 0-5 years old, with infant development and attachment at the centre of all programming. Vicki is

also a TEDx speaker (<https://www.youtube.com/watch?v=LEqjUX37QEw>) and author.

She was recently quoted as saying she was, “drawn to Chalmers because she saw that it built resources around the community to help people rise. That’s what makes me excited. That’s what community is about and it’s about lifting the community together”. A recipient of the coveted **Steinbach Chamber of Commerce Non-Profit Excellence Award** in 2017, and was nominated again in 2018. In 2021 Vicki and the Chalmers team were nominated for the *Guelph Chamber of Commerce's Difference Maker* award for innovation in Food security.

CO-PRESIDENTS' MESSAGE



**Co-President
Jo Anne Hayter**



Co-President Barb Hale

September always brings a very special energy...perhaps it's from the years of being a student and then an educator, but to us it is symbolic of new beginnings, new friends, new projects. We look forward to seeing our new CFUW branding and graphics, which will be rolled out this autumn from our National Leadership.

This 2023/24 we will be sharing the role of CFUW President and are very keen to be working with the many returning members of our Executive Team; together we hope to

bring our membership a very stimulating and dynamic program of events, social and learning opportunities.

We encourage you to join interest groups and attend our general meetings; the slate of presenters this season is terrific. If you are eager for a greater commitment to our community, consider learning about the important impacts of our Scholarship and Advocacy committees. Their work makes us all very proud.

Happy New Year!

EXECUTIVE REPORTS

EXECUTIVE CHANGEOVER



CFUW Guelph Executive 2022-23

Front Row (L to R): Penny Hendricks-Secretary, Susan Brown-Past President, Sonia Spekkens-President, Kerry Detlor-Member Services

Back Row (L to R): Deb Thompson-Advocacy, Heather Bailey-Communications, Janet Bruder-Program, Isobelle Gray-Member at Large, Jane Kenny, Melodie Wynne-Member Services, Esther Semple-Vice-President, and Treasurer, Barbara Kuczynski-Hospitality

**CFUW Guelph Executive 2023-24**

Front Row L to R): Jo Anne Hayter-Co-President, Sonia Spekkens-Past President, Kerry Detlor-Member Services

Back Row (L to R): Deb Thompson-Advocacy, Heather Bailey-Treasurer, Barbara Hale-Co-President, Janet Bruder-Program, Isobelle Gray-Communications, Jane Kenny-Hospitality, Melodie Wynne-Member at Large, Esther Semple-Vice-President, Barbara Kuczynski-Member Services, Penny Hendricks-Secretary

TREASURER

Our fiscal year 2023-2024 is off to a good start - the number of members who pay their dues by etransfer continues to increase. If you wish to pay by etransfer, all you need to do is add CFUW Guelph as a new payee. Please ensure that you use the Treasurer's email, treasurer.cfuwguelph@gmail.com and NOT another email address, such as communications or membership since they are not linked to our bank account. If you are paying by etransfer, please send a copy of the membership form to Kerry Detlor so that we can determine whether any extra donation is going to Scholarship or Community connections. You could also include that information in the comment section of the etransfer.

You will notice on the Budget that we incurred a deficit on the banquet. The Executive will be discussing this before determining the location for the 2024 AGM and banquet.

The funds for our 2023-24 Community partner - Food4Kids - were collected by member donations in 2022-23, and we had two additional donations over the summer. The First Monday book group and friends had a surplus from their trip to Stratford in June and the members who volunteered cleaning tables and garbage at Ribfest received a cheque from Rotary. Both groups divided their donation between Scholarship and Community Connections, which means that our donation to Food4Kids will be \$1341 in 2023-24.

The One-time fund did not have any proposals in 2022-23, so there is \$728 in the fund in 2023-24. If any member has a proposal for an organization or program that meets our goals and could use the funds, please contact any member of the Executive Committee and we will send you the application form.

<u>CFUW Guelph Budget 2023-2024</u>	Budget 2023-24	Actual to Aug 31, 2023
Membership (net of dues)	4,850.00	2,092.50
Banquet Deficit		-374.33
Poppy cards		25.00
	4,850.00	1,743.17
Nat'l and Prov'l meetings	1,000.00	
Hall Rental/Zoom expenses	1,270.00	
Hospitality	120.00	
Member Services	480.00	155.69
Online banking fees	180.00	60
Program	850.00	100.00
Communication, PR and Website	550.00	460.77
Advocacy	400.00	
Total	4,850.00	776.46
Surplus or Deficit	0.00	966.71

Summary of Finances to August 31, 2023**Banquet and AGM**

Revenue	3,675.00
Expenses	4,049.33
Surplus or Deficit	-374.33

Chequing account balance Aug 31, 2023**14,842.61****Committed Funds:**

Pending: National Dues (approx)	2,970.00	
Pending: Ontario Council Dues (approx)	337.50	
Community Connections collected in 2022-23	1,220.00	
One Time Fund carried forward (unspent in 2022-23)	508.60	
2023-24 Food4 Kids		1,000.00
2023-24 One Time Fund		728.6
Donations to Scholarship (approx - transfer pending)	2,481.20	
Donations to Comm Connections (approx - for 2024-25)	706.20	
Total uncommitted funds		6,619.11

GIC Assets:

New GIC Matures Nov 2023, 4.7%	4,000.00	
GIC matures October 2024	7,380.00	<u>11,380.00</u>
Total Fund Assets (estimated)		17,999.11

Community Connection Funds	Revenue (Club Donations)	Community Partnership	One-Time Fund
2023-24			
2022-23 Unspent (carry forward to 2023-24)			508.60
Total member donations (collected in 2022-23)	1,220.00	1,000.00	220.00
Stratford book group donation		221.20	
Rotary Ribfest donation (not yet deposited)		120.00	
Total available		1,341.20	728.60

Heather Bailey, Treasurer

ADVOCACY

Within the CFUW Guelph, our Advocacy Committee coordinates and/or takes the lead on much of our advocacy work, including:

- Meeting on a regular basis with federal and provincial elected representatives.
- Implementing CFUW policies in which club members have a particular interest, expertise or passion.
- Informing about CFUW policies and actions and maintaining a watch on any issues that arise at local, provincial or national levels which may warrant action by the Club, such as letters, petitions and/or meetings.
- Maintaining a liaison with other community groups regarding issues and events of mutual interest (e.g., Guelph-Wellington Women in Crisis), Zonta Guelph and YMCA of Three Rivers.

A brief history and news of the activities of our Club has been submitted this month to the Editors of the *Guelph Mercury Tribune* and *Guelph Today*. Here is the link to the Guelph Today article: <https://www.guelphtoday.com/letters-to-the-editor/letter-cfuw-guelph-open-to-new-members-7492461>

New advocacy committee members are welcomed and essential to the effectiveness of advocacy actions within our Club. Please reach out to committee members.

marymcewen9@gmail.com

phendricks@gmail.com

debthompson@rogers.com

katecic@icloud.com

We continue to support and partner with community organizations including:

<https://gwwomenincrisis.org/>

<http://www.zontaguelph.ca/>

<https://archguelph.ca/>

<https://www.ymcathreerivers.ca/>

Upcoming events include:

September 16 - 30

We will join with membership services to install a bulletin board display at the Downtown Guelph Public Library highlighting the CFUW Guelph.

Take Back the Night March and Rally – September 21, 6:00 – 7:30 pm

Join us for the annual Take Back the Night against sexual violence. Take Back the Night is a global rally and march held to reclaim the streets, raise awareness and foster solidarity against sexual violence. This year's theme is "*Lead Where You Are*", which reminds us that no matter where or when we start we can make a difference in the world. Join us at Marianne's Park (176 Gordon Street, Guelph). There will be drumming and speakers:

- Mandi Gray, an activist and academic at Trent University. She has been advocating for women and girls involved in the legal system since 2008. Her forthcoming book is titled *Suing for Silence: Defamation and Sexual Violence*
- Nealob Kakar (she/her), a Queer Afghan community-based researcher, storyteller, poet and artist. She completed an Honours Bachelor of Arts in Political Science: Public Law and Judicial Studies at McMaster University and a Master of Public Service at the University of Waterloo.

September 30 - Orange Shirt Day: Every Child Matters “Canada’s National Day for Truth and Reconciliation” <https://www.orangeshirtday.org/>

Each year, September 30 marks the National Day for Truth and Reconciliation. The day honours the children who never returned home and survivors of residential schools, as well as their families and communities. Public commemoration of the tragic and painful history and ongoing impacts of residential schools is a vital component of the reconciliation process.

Wear Orange

Both the National Day for Truth and Reconciliation and Orange Shirt Day take place on September 30. Orange Shirt Day is an Indigenous led grassroots commemorative day intended to raise awareness of the individual, family and community intergenerational impacts of residential schools and to promote the concept of “Every Child Matters”. The inspiration for Orange Shirt Day came from residential school survivor Phyllis Jack Webstad, who shared her story at a St. Joseph Mission Residential School Commemoration Project and Reunion event held at Williams Lake, B.C. in the spring of 2013.

All Canadians are encouraged to wear orange to honour the thousands of survivors of residential schools.

Sisters in Spirit Vigil

October 4, to honour the lives of murdered and missing indigenous women and girls and to show support for their loved ones. Location and time TBA.

November 25 – December 10

The 16 Days of Activism begins with November 25 - International Day for the Elimination of Violence Against Women and ends with International Human Rights Day on December 10 – highlighting that violence against women is a fundamental violation of human rights.

December 6th Vigil

National Day of Remembrance and Action on Violence Against Women in Canada – Location and time TBA.

<https://women-gender-equality.canada.ca/en/commemorations-celebrations/16-days.html>

We are looking forward to seeing everyone at the general meeting Tuesday September 26th. Bring a friend!

Advocacy Committee Members

Mary McEwen, Penny Hendricks, Kate Ciceri and Deb Thompson (Chair) Advocacy

MEMBER SERVICES

A welcome back letter, renewal application form and list of speakers was sent to all continuing members early in August. As of September 6th, we have 64 continuing, 2 returning, 1 new and no student or dual members. **Dues must be paid no later than October 1st to ensure your name and contact information is included in our new Blue Book directory.** The directory should be available at our October 24th General Meeting.

We would like to welcome new member Elaine Hills-Bedard and returning members Judy Barrett and Brenda Elliott. A New Member Orientation meeting will be held early in November.

Many thanks to Janet Bruder for continuing to update and print Club name tags.

Be sure to check out our CFUW Guelph display on the large bulletin board at the Main Branch of the public library. The display promotes our club and will be up from September 16th to September 29th. Many thanks to Connie Valeriote for reserving the bulletin board each year. Each Guelph public library branch has a small bulletin board. Since we are a non-profit organization, we have permission to promote our club at no charge. Janet Bruder has prepared a condensed form listing our speakers, meeting dates, time and location. Hopefully this will encourage potential members to check us out.

Interest Groups

A notice has been sent out to all interest group convenors to update any details for their groups. There will also be a sign up table at the September meeting for anyone to add their name to a group if they have not already done so through the membership form.

Carole Stewart has been the long-time convenor for the hiking group and would be delighted if someone new could take on that role. She will continue to coordinate the group in the meantime.

The Lunch and Chat group went by the wayside during Covid. There is no convenor at the present time so interested members would have to organize the group in any way they wish.

Kerry Detlor and Barbara Kuczynski
Member Services Co-chairs

SCHOLARSHIP

Members may be interested to hear from one of the recipients of our Awards from Conestoga College. Click on the flowing link:

<https://conestogadonorrelations.thankview.com/video/aeb645cfe37a63c0>

CLUB NEWS AND ANNOUNCEMENTS



Joan Hug-Valeriotte, a long time CFUW Guelph member (2009) is a quilt artist and longarm machine quilter living in Guelph. She is multi-talented and has also produced and directed a number of documentary films and videos.

Recently, she had two quilts accepted into the prestigious Canadian Quilters Association National Juried Show, 2023. Her entries were “Permafrost Triptych” and “Rainbow Optical Illusion”. Congratulations, Joan! You can see photos of her work and services offered on her website: <http://www.horizonsquilting.ca>

Joan will be hosting an Open Studio on September 23, 2023, where people can see her work and try out hand-quilting and/or longarm machine quilting on her “Innova” machine, which “rolls” over a 12-foot table. Joan’s contact information is in the CFUW Guelph Blue Book.



Dr. Samantha Payne, professor and regenerative medicine researcher in OVC’s Department of Biomedical Sciences, was a Student Member of CFUW Guelph (2011 to 2013), and now a “Returning Member” (2022-2023). Samantha (also a new mom), has an article summarizing her recent research in the Summer 2023 edition of Ontario Veterinary College publication, “the crest”. The article is in the “Cellular Focus” section and is titled “OVC Regenerative Medicine Lab Offers Promising Research Applications for Human and Animals”.

Her lab is working to lay the foundations for regenerative medicine in mammals. Her research focuses on the basic biology of scarring – specifically, studying the role of the peripheral nervous system (the nerves that branch out from the brain and spinal cord of the central nervous system) and how these nerve cells influence the [scarring] process through rodent studies and cellular models in a dish. Interesting work, Samantha; congratulations!

Members can see the full article (pages 22 and 23) at <https://ovcc.uoguelph.ca/crest/>

INTEREST GROUP ACTIVITIES

Art Touring Group

The value of art in society was clearly affirmed as a result of our most recent Arts Touring Group venture.

On June 7th, eight of our members travelled to Dundas to view the studio work and garden of textile artist, Lorraine Roy. On display was Lorraine's body of work inspired by trees and nature. In particular, we viewed her current exhibition "Living-Language-Land - Word Portraits from the Earth". Lorraine explained that each one of her series of textile 'portraits' was inspired by a chosen word from a range of endangered and minority languages from all over the world. The specific chosen words reflect the different ways in which endangered cultures relate to the land and nature.

Lorraine's work is part of a larger initiative by two U.K. artists whose goal was to highlight the importance of nature, the land and the environment to endangered, minority language cultures and, thereby, emphasize the importance of the global environmental crisis. Artists were invited to contribute to the project which was presented as part of the UN Climate Change Convention, COPS 26, in Glasgow in 2021.

It's wonderful to know that Lorraine Roy, a local artist, has contributed to this global collaborative project. Reflecting on Lorraine's work we definitely felt we were part of something much bigger than ourselves.

Following our studio visit we enjoyed lunch at the Little Asia restaurant in Dundas.

New members are warmly welcomed and we would appreciate ideas from current and new members regarding future tours.

Arts Touring Planning Committee

Maureen Busby-O'Connor, Clare Irwin, Connie Valeriotte

Cycling Group

From June 13-17, eight intrepid ladies ventured forth into the Huronia region for another exciting two-wheeled adventure. The group left Guelph and headed to Collingwood and the Georgian Trail on Day One before overnighing in Barrie to start the Huronia loop in earnest. Day Two meant a trip northwards to Midland and enduring a challenging stiff northwest breeze and busy concession road detour.

Day Three was a more leisurely day investigating the Wye Marsh and Ste. Marie Among the Hurons and cycling along the beautiful shores of Penetanguishene. That evening, we took in an exuberant performance of "The Buddy Holly Story" at King's Wharf, part of the Drayton Entertainment theatre group.



Barrie dinner overlooking Kempfenfelt Bay



Collapsing after an arduous day



Investigating the beauty of Wye Marsh



Finding this trail proved to be an adventure in and of itself, but finally, we're relieved to be headed on to Orillia.



The ride southward to Orillia was magnificent on Day Four as we gathered on the shores of Lake Couchiching with its adjacent Stephen Leacock Museum for a very pleasant farewell dinner. The group returned to Barrie and our cars on Day Five, fitter and with much joy in our hearts. Our thanks to Sonia Spekkens' Barrie-based daughter for assisting with group logistics.

Terri Belyea, Cycling Convenor

Second Monday Book Group & Friends

King Lear, Dinner in the Festival Lounge and Club Donations

The Second Monday Book Group's annual trip to Stratford with dinner was once again enjoyed by all who attended. The play was *King Lear* with Paul Gross in the lead, the meal was plated and served in the members' Eaton Lounge in the Festival Theatre and those of us in attendance were treated to food, conversation and stimulation that was simply Shakespearian.

Mary McEwen was our liaison with Festival Catering and put together the menu, handled the payments and, in the end, was able to change a buffet to a sit-down dinner. This change resulted in a lower price and all who had signed on for the dinner donated back the difference to CFUW Guelph. The amount of \$442.40 has been designated to two programs equally: half going to our Scholarship Fund and half to our current Community Connections/Food4Kids project.

Before dinner Mary gave us an overview of past years and the evolution to our dinners at the Festival Theatre. Marg Hull and I then talked a bit about the play itself before dinner began.

With members from our book group, from the Arts and Entertainment Group, several from the larger membership and a few spouses and non-CFUW friends, we were a diverse collection of lovers of Shakespeare once more entertained by the bard.



L to R: CFUW Members Gwen Revington, Esther Semple, Sandra McCormick, Mary McEwen



The group at dinner

Submitted by Sandra McCormick



The **Guelph Line** is published three times a year (September, January and April).

Submission deadline is the end of the month preceding publication.

Please submit material to the **Newsletter Editor** email:

communicationscfuwguelph@gmail.com

Club activities and membership details are available online at www.cfuwguelph.org