



Fall 2021 Program

Water Street Church
287 Water Street, Guelph ON

Business Meeting	7:00 – 7:30/40 p.m.
Social	7:30/40 - 8:00 p.m.
Speaker	8:00 - 9:00/15 p.m.
Wrap up	9:15 – 9:30 p.m.

Important Announcement

CFUW Guelph monthly general meetings will take place at Water Street Church but attendees will be limited to 45 pre-registered members. Members may also attend the meetings virtually via Zoom. More information on these options is given in the President’s Message below.

September 28, 2021

Cyndy Moffat Forsyth, Chair Guelph Community Foundation



“Youth Mental Wellness: One of the Options”

Cyndy has been the Director of the Integrated Youth Services Network since July 2020. This network, led by the Rotary Club of Guelph, hopes to bring an integrated youth services model to Guelph and Wellington County in which youth aged 12 – 26 are at the centre of available services and have equal access to a continuum of services. Their vision is to build a system to better meet the needs of youth in our community. Prior to this appointment, Cyndy was the Chief Development Officer at Homewood Research Institute. She is passionate about improving youth mental health.

October 26, 2021**Jasmin Habib, Dept. of Political Science, University of Waterloo*****“Why Understanding Trump’s Supporters Still Matters.”***

It’s been several years since our eyes first trained on the Trump campaign which seemingly came out of nowhere and first took on the Republican and later the Democratic Party to win the White House. Soon thereafter, news of Brexit hit and in early 2019, Israeli populism outflanked left, right and centre parties to victory. This presentation will share stories and experiences from the field — both Israel and the United States — that can help us not only to understand some of the “what’s happened” but also allow us to consider how political strategies and mediated politics easily shift our attention away from the meaningful to the superficial.

November 23, 2021**To be Announced**

PRESIDENT’S MESSAGE

CFUW Fall Greetings from Heather Beecroft

I trust that each of you is well and looking forward to a gentle return to our regular events...in a novel manner due to COVID restrictions!!!

Some of you may not know me, although I’ve lived in Guelph for about 8 years. My Mother, Helen Menzies [Fergus] was a member of CFUW Guelph so I have known about CFUW for years. Up until COVID, I was working in the area of Art Education and Marketing Canadian Art. If I have not met you, please introduce yourself to me, via telephone and/or email. I am pleased to learn about YOU and your interests. I have participated in various CFUW Interest Groups such as Art Touring, Book Exchange, Music Appreciation, and Hiking. I look forward to learning of your concerns and interests about our club. Please phone me at 519-827-0638 or email me at heathermuirbeecroft@gmail.com

Your Executive has been working diligently on arrangements for our 2021 Fall Programs. As you will see in this newsletter, we have some interesting speakers lined up for the coming months. We will be meeting in our new space at Water Street Church (287 Water Street, Guelph, N1G 1B6) although with reduced numbers at this time due to COVID 19. We are committed to doing everything that we can to ensure the safety of each of you when you attend a CFUW Guelph meeting.

Our first General Meeting will be on Tuesday, September 28, 2021 at 7pm. We are limited to 45 pre-registered attendees. To ensure our numbers, we ask that you indicate your intention of attending in person by emailing Kerry Detlor: detlorkerry@gmail.com. Please also arrive early as it may take time to enter our new space and get settled. Safe distancing protocols will be followed and masks are required to enter the building. We ask that you use the lower parking lot, by keeping to the ride side as you drive into the parking lot, which is well lit.

We are still fine tuning the process that we'll use to ensure we keep attendance below our room maximum and meet the churches need for contact tracing information. This process will be outlined in an email prior to the meeting.

Members who wish to participate in the General Meetings from their home may do so via ZOOM. A link to the meeting will be sent out to all members in advance of the meeting.

If you have not yet renewed your membership, please do so as soon as possible using the membership renewal form emailed to you in August. We hope that members have found the new renewal procedures helpful, including the option of paying your membership dues by e-transfer. When completing your membership form, please take the opportunity to make a donation to the Community Connections Fund. Those in our community who are less fortunate will benefit during this time of constraints due to COVID.

I welcome YOU this year, 2021-22, to CFUW Guelph! With our masks on, I trust that we'll recognize each other!

Best Personal Fall Greetings to each of YOU!

Heather

REPORTS

2021 CFUW NATIONAL ANNUAL GENERAL MEETING

Our National CFUW annual general meeting (AGM) held on line on June 25th and 26th resulted in some very positive news for CFUW clubs across Canada. This positive news actually started well before the June AGM. Specifically, prior to the June AGM, the new national board had indicated it was making it a priority to take into consideration and more importantly, act on, the very sincere concerns and wishes of member clubs with respect to a desire for increased and more open communication, a focus on National and International Advocacy, and more diligent adherence to the Canada Not For Profit Act and within that context, finally dealing with the multi-year divisive struggle with mandatory funding of GWI (Graduate Women International).

On the communication side, several things occurred during the pre-AGM period

- 1) There are more informative National Club Action Newsletters providing CFUW members with an opportunity to learn about what is happening at the National level, and highlighting local club activities and initiatives.
- 2) A new Strategic Plan has been developed to guide CFUW going forward. All members have an opportunity to attend a virtual workshop on Sept 9th and 11th to hear about this plan and provide their feedback. Four of your executive members will be attending.
- 3) Several workshops were held to assist clubs with a variety of topics related to the AGM. Of importance to CFUW Guelph was the workshop to decide what was to be done with the GWI dues collected in 2020/21 from opt-out clubs. A majority voted to have those dues refunded to individual clubs
- 4) Another important workshop to CFUW Guelph was the one explaining the financial statements and proposed budget that were to be presented at the June AGM. Key to this workshop was ascertaining the GWI refund was in fact in the budget.
- 5) Those clubs who are very passionate about funding GWI were assured by the board they could continue to do so by voting to opt-in to remitting GWI dues with their annual CFUW dues.
- 6) Those clubs who are equally passionate about no longer wishing to fund GWI were given the opportunity to opt out of funding GWI*.

*this board decision is in keeping with the Canada Not for Profit Act

AGM

Although there were other important votes on Resolutions as well as approvals of less major Bylaw amendments, the decisions below were key to enabling CFUW Guelph to continue its desired membership in CFUW. It is our hope CFUW will be that much stronger as a result.

Decisions of interest to CFUW Guelph are as follows:

1. At the AGM the CFUW budget was approved showing;
 - a) the planned refund of 2020/21 GWI dues to opt out clubs
 - b) a CFUW dues increase of \$0.70 for a total of \$55/member
2. An Oakville Club Bylaw amendment to Section 13 that more clearly articulates the dues structure for opt in and opt out clubs, was approved and states the following:

“Dues

13. Each club shall pay CFUW annual per capita dues based on its paid membership. If clubs choose to support GWI they shall pay GWI per capita dues, as determined by the CFUW board and based on the dues structure established by GWI”

Sonia Spekkens, Vice-President, CFUW Guelph, voting delegate at the CFUW 2021 AGM

SCHOLARSHIP COMMITTEE

The following are the 2021 CFUW Guelph Scholarship & Award Recipients



Sabrina DaMaren Sabrina is currently enrolled in the Early Childhood Education program at Conestoga College and is thoroughly enjoying the program and the opportunity to solidify her current knowledge as well as learn new knowledge and skillsets. Through this program, she hopes to have a positive impact on the children and families in her care. Sabrina enjoys being with and learning alongside children and looks forward to the many amazing opportunities that await.



Chantal Khoury <http://www.chantalkhoury.com/>

Chantal received the 2020 and the 2021 CFUW Guelph Master of Fine Arts Scholarships in Studio Art. A second-generation Canadian of Lebanese descent, she holds a BFA with distinction from Concordia University (2012). Her research and painting practice looks at the legacy of historical erasure in Lebanon to examine new frameworks for diaspora experience. She references belatedly recognized artists from South West Asian and North African diasporas, and her work is found in the permanent collections of the Art Gallery of Guelph and the University of New Brunswick. With gratitude, Khoury was born and raised on the unceded land of the Wolastoqiyik (Maliseet) and Mi'kmaq Peoples (New Brunswick) and was based in Tio'tia:ke/Mooniyang/Montréal from 2006-2019.



Helena Kunic Helena is a fourth year Biomedical Engineering student in the co-operative education program. After a mission trip to Peru, she was determined to use her education to better the lives of those less fortunate by creating more affordable medical imaging technologies. Helena would like to further her education with a master's degree with a specialization in medical imaging technologies.



Anisha Majahan Anisha is a PhD Candidate at the University of Guelph and completing her thesis projects within the Guelph Family Health Study. She is a Registered Dietitian providing casual coverage for two hospital networks in Ontario. She completed her Master of Public Health (MPH) in Nutrition and Dietetics from the Dalla Lana School of Public Health at the University of Toronto and her undergraduate degree from Ryerson University in Nutrition and Food. Through her professional and educational experiences, Anisha hopes to combine her passion to work in different areas of dietetics such as clinical, community-based research and teaching.

TREASURER

Our fiscal year 2021-2022 is off to a good start. This year, we are pleased to invite members to pay their dues by e-transfer, and so far, about half of our members are taking advantage of this safe and efficient option. Of course, those of you who aren't comfortable using electronic banking are perfectly welcome to continue to pay by cheque as you have been doing all along. If you are making additional donations to Scholarship or Community Projects, please continue to indicate those instructions on the membership form which you submit to the Membership Chairs (Kerry Detlor and Janet Bruder).

If you are using e-transfer, please follow the instructions on your membership form; and when you add CFUW Guelph as a new payee on your banking site, ensure that you use the treasurer's email address, namely: treasurer.cfuwguelph@gmail.com. No security question is required when using this email, since it is now registered to our Meridian account. This extra layer of security ensures a safe transfer of funds directly from one bank to another without intermediary emails and imaginative security questions! Do NOT use the communications or membership email addresses for electronic transfers as they are not linked to our club bank account.

As you are aware, we are no longer obliged to pay GWI dues to CFUW National, an amount which has been approximately \$21.00 per member. Unfortunately, National didn't finalize the process for handling the revised dues until their June AGM. Therefore, at our own AGM in May, we did not know what our obligations would be for this year. As a result, CFUW Guelph dues for 2021-2022 have not changed - they remain the same as last year at \$120 per member. This fall we will begin to discuss ways we might use this 'extra' \$21 per member, and we can start to make plans to set dues for 2022-2023. Any decision to change our dues requires a notice of motion followed by a membership vote which usually occurs at our AGM (Annual General Meeting).

<u>CFUW Guelph Budget</u>	Budget	Actual
	2021-22	(to Sept 3rd)
Memberships paid (net of dues)	4,300.00	1857.75
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Nat'l and Prov'l meetings	550.00	
Hall Rental/Zoom expenses	1,265.00	515.00
Hospitality	150.00	33.90
Member Services	700.00	123.17
Program	850.00	
Communication, PR and Website	400.00	460.77
Banking costs		45.00
Advocacy	385.00	
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Total	4,300.00	1,177.84
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Surplus or Deficit	0.00	679.91
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Esther Semple, Treasurer

MEMBER SERVICES

We hope it has been a healthy and prosperous year for our members and that everyone is adjusting to the new normal. Presently, we have around 50 members who have renewed their membership...thank you for your diligence. We are excited to receive as many as possible for the coming year 2021-2022, including any new members who may wish to join us. We welcome new members at any time of the year - please encourage friends and acquaintances to learn about and join the club.

You may have noticed a few new Interest Groups listed on the membership renewal form. Kim Wakeford is starting up a French Conversation Group for members who have a basic understanding of French; Sonia Spekkens hopes to form a group of women to accompany her snowshoeing during the winter months; and Barb Hale is interested in cross-country skiing with a group of enthusiastic women also during the winter months. If you are interested in any of these new adventures, please contact the convenors.

With some convenors taking on new responsibilities and more members interested in joining groups that are presently full, we are now looking to expand our group of convenors. If anyone is interested in becoming a convenor for Scrabble, Lunch and Chat, Music Appreciation or Bridge, please contact Janet Bruder [519-824-1642, jbruder29@hotmail.com]

Kerry Detlor and Janet Bruder (membership.cfuwguelph@gmail.com)

COMMUNICATIONS

The Communications Committee is responsible for managing our web site, production of our newsletter - The Guelph Line - as well as coordinating communications via email and social media between club members and the wider community. We are urgently seeking a member to serve as editor of the newsletter and another to help with advertising club activities and events to the community. Please contact Clare or Heather if you can help with either of these tasks.

Clare Irwin and Heather Bailey (communicationscfuwguelph@gmail.com)

ADVOCACY

Most of us may have imagined that by September 2021 we would see covid-19 cases dropping dramatically around the world. Unfortunately the reality is somewhat different. We are still impacted by the pandemic and continue to adapt and adjust to a new way of interacting with family, friends and others. Although these changes have tested us, we carry on and look to better days ahead.

The Advocacy Committee has experienced a few changes of our own since the end of last term. Several members, Teresa McKeeman, Isobel Boyle, Beth Taylor, Dorothy Fisher and Janet Wood have decided for personal and various reasons to resign from the committee.

Mary McEwen, Helen Murphy and Deb Thompson remain on the committee.

While all committee members have a valuable role to play we feel it is impossible to overstate how much these departing women have individually and collectively contributed to our Club and to the community on behalf of our Club. They have been involved with highlighting and bringing attention to important issues such as childcare, universal basic income, women and leadership, reducing and eliminating poverty, gender equality, racism, violence against women, elder care...and the list goes on. We take our hats off to them and thank them for all they have done. They will be missed.

We are starting a new term with a strong history of action in advocacy within our Club. The committee will be meeting this month with the Executive committee and with the general membership to discuss how we move forward with an advocacy calendar of events and activities for 2021/22.

Meanwhile, we encourage all members to engage in the advocacy activities of CFUW Guelph. If you would like to know more about the committee, please email us at advocacy.cfuwguelph@gmail.com or contact any of the committee members.

Deb Thompson (Chair), Helen Murphy and Mary McEwen

CLUB NEWS AND ANNOUNCEMENTS

INTEREST GROUP ACTIVITIES – SUMMER 2021

Although most interest groups pause activities during May-September, some such as Gardening, Hiking and Biking usually take advantage of spring and summer weather to tour art shows and gardens or hike and bike the trails. Covid restrictions reduced the opportunities for these group outings but some did go ahead.

The Hiking Group got together on several occasions for socially distanced picnics in a park. Carole Stewart, who will continue as Convenor for the group, reports that the group planned to resume hiking on September 8 and will continue until the end of November, or the next lockdown!

Carole Stewart, Convenor

The Cycling Group

While a few members cycled on a small group, ad hoc basis, no formal outings were organized in the spring on behalf of the Cycling group and I am thinking a similar stance should be taken again this fall.

I will be away for a portion of September and early October so Barb Hale will be the contact for anyone wishing to organize a small group cycle this fall. Barb is available September 14, 17, 21, 28 and October 5. If any member not on the Cycling group list would like to join, please email Barb and she will forward your information to me when I return.

Terri Belyea, Convenor

The Art Touring Group

Covid rules over the past few months have meant that few art galleries have been open and group travel to outdoor art installations has been difficult to organize or prohibited. Fortunately there have been quite a few opportunities to enjoy art on-line and we have focused on sharing links to these exhibits. In the coming weeks, the organizing committee will meet to identify any in-person exhibits and activities that could be safely enjoyed later in the fall - fourth wave permitting.

Art Touring Committee (Maureen Busby-O'Connor, Connie Valeriote, Clare Irwin)



Lila Engberg's Treasures on Auction

Many of us remember Lila Engberg, a club member and family studies professor with a passion for social justice and beautiful art. She worked for many years in Africa on projects that improved the lives of women and girls. When she died last year, aged 97, she left her collection of art to Harcourt United Church. Fifty of these pieces will be sold at an online auction that closes Sept. 18 with a two-hour viewing at the church. Check out the details at www.32auctions.com/lilas-treasures

The Effects of Covid and the Shutdowns on my Gardening Life by Sylvia Grant

Sylvia submitted the following piece to the Ontario Horticulture Association (OHA) Convention's literary competition. She has yet to hear if it will be selected for inclusion in an OHA newsletter.

Covid and the ensuing shutdowns changed many things for me. All community activities I was involved with came to a sudden grinding halt and we were instructed to stay at home except for groceries and medical appointments. Many people found it a challenge to deal with their new found time. I live on a half acre lot with annual, perennial and vegetable gardens, so a stay at home order did not stop me from engaging in my favourite activity which is gardening. However, like everything else, Covid also altered my gardening life.

Most activities were impacted negatively by Covid. My gardening life, however, was impacted positively. In the spring and summer of 2020, with no trips to theatres, concerts, potluck lunches or fitness classes, I was able to spend much more time in my garden. Since I had nowhere else to go, I was able to plant and weed without looking at my watch. I missed my other activities, but I luxuriated in a sense of timelessness.

When fall and winter came and Covid was still with us, I spent less and less time in the garden. However, the mail order catalogues arrived and I found myself with more time to browse than I'd ever had in the past. Before Covid, I had to snatch bits of time between other activities to

read these catalogues. With lockdowns still in place, and nowhere to go, I had plenty of time to examine each page of each catalogue in detail. There were many seeds, perennials and summer bulbs I couldn't resist so my order forms grew longer and longer. In case some things were in short supply, I ordered similar items from several nurseries, including one from Prince Edward Island and one from Manitoba. If the East didn't have something, maybe the West would. With all the extra time to read and order from the catalogues, my gardening bills were higher than usual but I felt justified, because I was helping the economy.

When seeds started arriving in the mail, I dusted off and hooked up my three-tiered grow-light stand. I had used it years ago but had let it sit idle when my husband and I started travelling in late winter and early spring, just when one would start growing seeds indoors. Since our travel plans were now cancelled, I bought potting soil and Jiffy pots and in the early spring of 2020 I began planting. I planted pink, blue and white petunias, coleus, marigolds, nicotiana, asters and an amaranth variety with the delightful name of Love Lies Bleeding. I also found, at the back of a drawer, an old packet of watermelon seeds. I had no idea how old they were so as an experiment, I planted them all. To my surprise, every seed germinated and I now have a watermelon patch in my vegetable garden.

Covid is still with us and even though many of us are getting vaccinated, our lives are still very restricted. Like the spring and summer of 2020, I am spending much more time in the garden, planting, weeding and watering. As a gardener, I get great pleasure and satisfaction from these activities and I am quite happy to have more time to do them. In addition, Covid and its restrictions have allowed me, not only more time to work in my garden, but also more time to relax. I have more time to sit on one of the many garden chairs and benches situated in various places in my backyard. At a time of great stress and uncertainty, sitting for a while in the garden is a great way to restore a sense of peace and equilibrium.

Covid and the lockdowns have certainly affected my gardening life but the effects have been mostly positive. Like everyone else, I will be relieved and thankful when Covid is finally conquered. However, the stay at home orders have resulted in more uninterrupted time to plan, plant, care for and enjoy my garden. I will miss this when Covid is gone and life, once again, picks up its hectic pace.



The **Guelph Line** is published three times a year (September, January and April).

Submission deadline is the end of the month preceding publication.

Please submit material to the **Newsletter Editor** email:

communicationscfuwguelph@gmail.com

Club activities and membership details are available online at www.cfuwguelph.org